

To Register Contact Tim Bryan at 267 838 0174

Payment can be made at the first session. Form must be turned in. Credit cards accepted.

CLINIC ENROLLMENT FORM

Name: _____

Age: _____ Grade _____

Address: _____

Phone: _____

Email: _____

Clinic Day/Time _____

Medical Release : I hereby waive and release Power Alley from any and all liability for any illness or injury by my child while at Power Alley. I hereby authorize the Power Alley staff to act for me according to their best judgment in situations requiring first aid or medical attention.

Parent/Guardian signature:

Printed name:

Hitting and Pitching

Coach Pallone and Coach Bryan

(additional HS coaches will be assisting)

Hitting (Sunday and Tuesday/Thursday sessions)

- Set up
- Approach- physical and mental
- Balance, rotation, extension
- Situational Hitting
- Bunting

Pitching: (Sunday's only)

- Warm up
- Training drills
- Throwing progression
- Pick-offs



**2014 WINTER
HIGH SCHOOL CLINIC
AT**



8 Week Program beginning

January 12, 2014

Two Programs

Cost: \$125.00

Sunday
(Hitting and Pitching)
Fresh/Soph: 1 to 2:30 PM
Jr./Sr. 2:30-4:30 PM

OR

\$125.00

Tuesday and Thursday
(Hitting)
4 to 5:45 PM

Sign up for both Programs: \$225.00
Sibling discount \$25.00

Registrations are non refundable once a player begins sessions

Missed sessions are not rescheduled unless Power Alley is closed due to inclement weather

POWER ALLEY

Power Alley
www.gopoweralley.com
tbryan@gopoweralley.com
267 838 0174
101 East Mill Street